



Affiliated to Kazi Nazarul University Mahatma Gandhi Road, Durgapur, W.B. 713209 e-mail: durgapurwomenscollege@gmail.com

- 5.1.2 Following capacity development and skills enhancement activities are organised for improving students' capability:
- 2. Language and communication skills -

**English Strokes brochure** 



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# Product features

EnglishStrokes speeds up your learning by:



- Making you an active learner, with games, quizzes and interactive exercises.
- Keeping you entertained, with videos, animations and player profiles.
- Finding the best exercises for you, with our "At the Wicket" level testing game.
- Keeping track of your progress for you, across all devices.



Check out free demo units at www.englishstrokes.com

#### Payment details

The course follows a systematic progress route with 3 levels and 10 units at each level.

Level 1 - Beginner	Level 2 - Intermediate	Level 3 - Advanced	*Premium
Rs. 1000 (Access for 3 months)	Rs. 1000 (Access for 3 months)	Rs. 1000 (Access for 3 months)	Rs. 2400 (Access for 6 months)
10 Units covering - 10 Conversation Videos - 20 Grammar Videos	10 Units covering - 10 Conversation Videos - 10 Grammar Videos	10 Units covering - 10 Conversation Videos - 7 Grammar Videos	Level 1 - Beginner Level 2 - Intermediate Level 3 - Advanced "PREMIUM PACKAGE - Special discounted rate of Rs. 2400/- to access all 3 levels for 6 months
- 10 Player Profiles - 20 Word Maps	- 10 Player Profiles - 10 Video Anecdotes	- 10 Player Profiles - 12 Cricketing Tips	
- 3 Video Anecdotes - 10 Listen & Speak Activities	- 10 Listen & Speak Activities	- 10 Listen & Speak Activities	

For more details contact:

**British Council** 

Toll free no: 18001024353

Email: chennai.enquiry@in.britishcouncil.org

AA Edu Tech Private Limited

Email:support@englishstrokes.com

The British Council is the United Kingdom's international organisation for educational opportunities and cultural relations. We create international opportunities for the people of the UK and other countries and build trust between them worldwide.



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#### 3. Life skills (Yoga, physical fitness, health and hygiene)

#### **Circular on Physical fitness Training (Karate)**



# सारस्वत प्राच्यविद्या महासंघ

Reg. no: IV-02 0600058/2 019 under Indian Trusts Act, 1882 NGO-PS U-Id: WB/20 19/02 30289 under NITI Ayog, Govt. of India.

#### CIRCULAR ON WOMEN EMPOWERMENT AND SELF ELEVATION PROGRAM & CERTIFICATION

This program is mainly for girl students, esp. of government or government funded/aided schools and colleges.

A continuous training program throughout the tenure of the student in that school and college for their self elevation and self defense shall be initiated in colabortion with the school or college authority.

This program is focused on learning of Karate as a self defense tool which comes under the streme of classical martial arts (ভাবেল কাৰ্যনিৰ্ভাৰ্). Also few life hacks like time management, tactics of advance threat removal, ethics and self respect are also to be taught during the process.

Our training partner SP's Karate Studio shall hold the classes by their technical persons. Students under triaining even before this circular can be certified after a proper proficiency test. Certification will be done at no cost.

Students shall be trained at no cost or almost no cost as a social initiative.

They will continue to avail the classes till the end of their educational tenure in their institution, and even after that they can continue practice at any other dojo (training place) under SP's Karate Studio at no cost, for next two years. SP's Karate Studio is a Karate training brand and affiliated to JKA-India.

By approval - President. S.P.Mukherjee

सारस्वत प्राच्यविद्या महासंघ

Saraswat Prachyavidya Mahasangha

Website: www.spm.asia E-mail: info@spm.asia | smahasangha@gmail.com Voice: +91-7031194877 / 9002869600



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# सारस्वत प्राच्यविद्या

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#### About Ourselves :

Saraswat Prachyavidya Mahasanga is established with the mission of revival for different "Oriental" arts, science and languages by research, culture and scientific advancement. Oriental Martial Arts is a science and philosophy in itself with a rich history of evolution in techniques with demographic influence, schools and organizational structures.

#### A brief Introduction of Karate-do (The Way of Empty Hand):

The word Karate (Kara-te) comprises of two Japanese Kanji letters, i.e. Kara - means Empty/Void and 'Te' - means Hand. The meaning of Empty is much more comprehensive and philosophical. A Karate-ka (practitioner of Karate) is mentally and physically complete, strong, robust but humble and respectful, devoid of violence, envy and all negative feelings.

Our founder (of Shotokan Karate) Master Gidhin Funakoshi, is considered the 'Father of Modern Karate' and the term 'Karate' is also coined by him.

Shotokan ryu/style/school or 'gharana' is the first martial art's style/school which was officially included in university curriculum by the Education Ministry under Government of Japan.

Shotokan Karate is a dynamic stream of studies where continuous research work is being done globally and now it's a separate discipline of studies for practitioners and academicians all over the world.

This proposal letter is for your kind perusal and approval.

Thanking you Yours sincerely

S.P. Mukherjee President

Secretary

सारस्वत प्राच्यविद्या महासंघ

Saraswat Prachvavidva Mahasangha Website: www.spm.asia E-mail: info@spm.asia | smahasangha@gmail.com Voice: +91-7031194877 / 9002869600





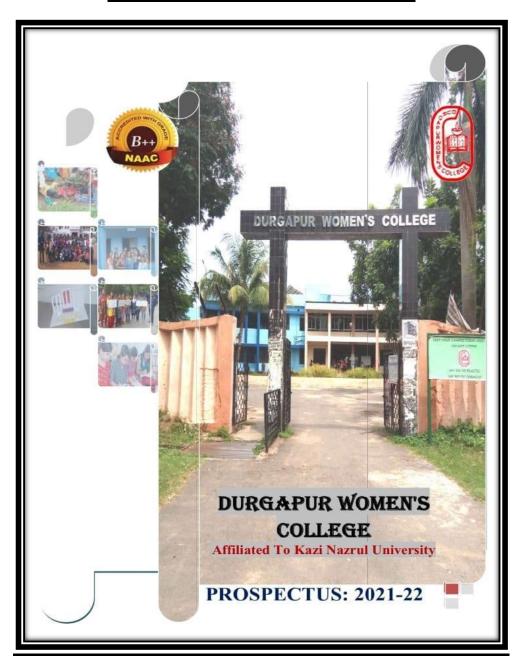
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#### 4. ICT/ computing skills:

#### **Brochure of ICT/computing skills**





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<u>Career Oriented Programmes:</u> Durgapur Women's College has launched several self-financed Career Oriented Programmes which can be pursued by students along with their graduation studies. The aim of these courses is to build marketable and transferable skills in young students in order to increase their employability on graduation. The courses are designed for 3 levels of proficiency - Certificate level. Diploma level and Advanced Diploma level - each of six months to two year's duration and each complete in itself, including certification.

The programmes are

<u>Computer Applications</u>: The course intends to groom students in Computer applications, developing their capabilities step-by-step — from understanding a Computer and its components to learning programming techniques in various languages and learning other varied computer applications. The course purports to hone computer skills in young graduates such that their employable worth increases.



On demand from students the course has been made compulsory for all at very nominal charges. The course content covers Computer Fundamental and Operating System, MS WINDOWS, MS WORD, MS EXCEL, MS POWERPOINT, MS ACESS, Flowchart and Algorithm for Programming, Programming in C, Internet & E-mail, LAN, Visual Basic, Visual Basic Connecting with Data Base, DTP. Certificates are awarded in association with WEBEL, a Govt. of West Bengal enterprise. Certificates awarded by WEBEL are recognized by Employment Exchange. This programme is being



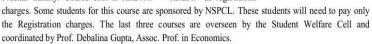
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run under the aegis of the Department of Mathematics where the Course-Coordinator is Prof. Dulal Chandra Sen, Assoc. Prof, in Electronics.

Basic Health and Skin Care Course: The six month hands-on course intends to groom students in personal aesthetics and earn their living in this alternative field. Certification for the course comes from

theVivekananda Bani Prachar Samity. Course cost is Rs.1200/- + Rs.100/- as registration charges. Some students for this course are sponsored by NSPCL. These students will need to pay only the Registration charges.

Advanced Health and Skin Care Course: This course is for those who have successfully completed the Basic course. It will help girls to seek employment in established salons or become self-employed in the field. Certification for the course comes from the Vivekananda Bani Prachar Samity. Course cost is Rs.2400/- + Rs.250/- as registration



Tally. ERP9 (CERTIFICATE OF FINANCIAL ACCOUNTING): Durgapur Women's College has been conducting a WEBEL designed special course of Tally, ERP9 (Fundamental of Accounting Principle, Accounting package, Concept and Web based Compliance- Income tax, GST, Soft Skills) since January, 2019. The course intends to train the students in Tally.ERP9 and to develop skills of



managing accounts step-by-step. Certificates awarded by WEBEL are recognized by the Employment Exchange. This is an optional course, given to students at a highly subsidised rate. As an outreach programme and in keeping with our vision of Empowering Women we also offer the course to women candidates not presently studying in the College.