



DURGAPUR WOMEN'S COLLEGE

-NSS UNIT

Introduction



- There was an special camp held in our college on general awareness of some basic issues.
- were we got know about various things like how people on slam areas do for living, and how they manage the presence of unhealthy residential structures.
- So, we had an survey on there menstruation related issues, and what they actually feel during that face of time

AIMS: survey on the use and benefits of sanitary napkins

OBJECTIVE : this survey was planned to assess knowledge, beliefs and source of information regarding menstruation, and also to assess hygiene among them

OBSERVATION : 90% of the population in the slum (female) use sanitary napkin and know its benefit



MATERIALS AND METHOD : a cross sectional study was carried out in urban slum area. Data were collected using some vital information that among 100 adolescent girls, 72% were between 15 and 19 years a maximum of 47% were having high school education. About 47% mother were illiterate, 82% girls had regular cycles. And about 60% of girls use sanitary pad and the rest used cloth pieces.



Survey on menstruation

This survey was held on barafkal basti where we got to know about others menstruation cycle, basically what they use, are they comfortable in using pads or cloths? this were some few question, we asked them and



• **QUESTIONNAIRE :**

SURVEY ON THE USE OF SANITARY NAPKIN:

1. Do you Use Sanitary napkin during periods

আপনি কি মাসিকের সময় স্যানিটারি ন্যাপকিন ব্যবহার করেন? Yes ___ OR NO ___

2. Do you still use cloth for during periods?

আপনি কি এখনও মাসিকের সময় কাপড় ব্যবহার করেন? YES ___ OR NO ___

3. Do you know that using cloth is not safe?

আপনি কি জানেন যে কাপড় ব্যবহার করা নিরাপদ নয়? YES ___ OR ___

4. Which kind of clothes do you use

আপনি কোন ধরনের কাপড় ব্যবহার করেন? YES ___ OR NO ___

5. Do you change clothe

তুমি জামাকাপড় পাল্টাও? YES ___ OR NO ___

6. Do you Feel comfortable to use cloth?

আপনি কি কাপড় ব্যবহার করতে স্বাচ্ছন্দ্য বোধ করেন? YES ___ OR NO ___

7. Do you know what is Sanitary pad?

And it's uses

আপনি কি জানেন স্যানিটারি প্যাড কি? এবং এটা ব্যবহার করে? YES ___ OR NO ___

8. Do you know that Sanitary napkins are

Useful ?

আপনি কি জানেন যে স্যানিটারি ন্যাপকিন দরকারী ? YES ___ OR NO ___

9. Do you know that cloth causes

infection and diseases ?

আপনি কি জানেন যে কাপড়ের কারণ সংক্রমণ এবং রোগ? YES ___ OR NO ___

10. Do you sanitize your cloth?

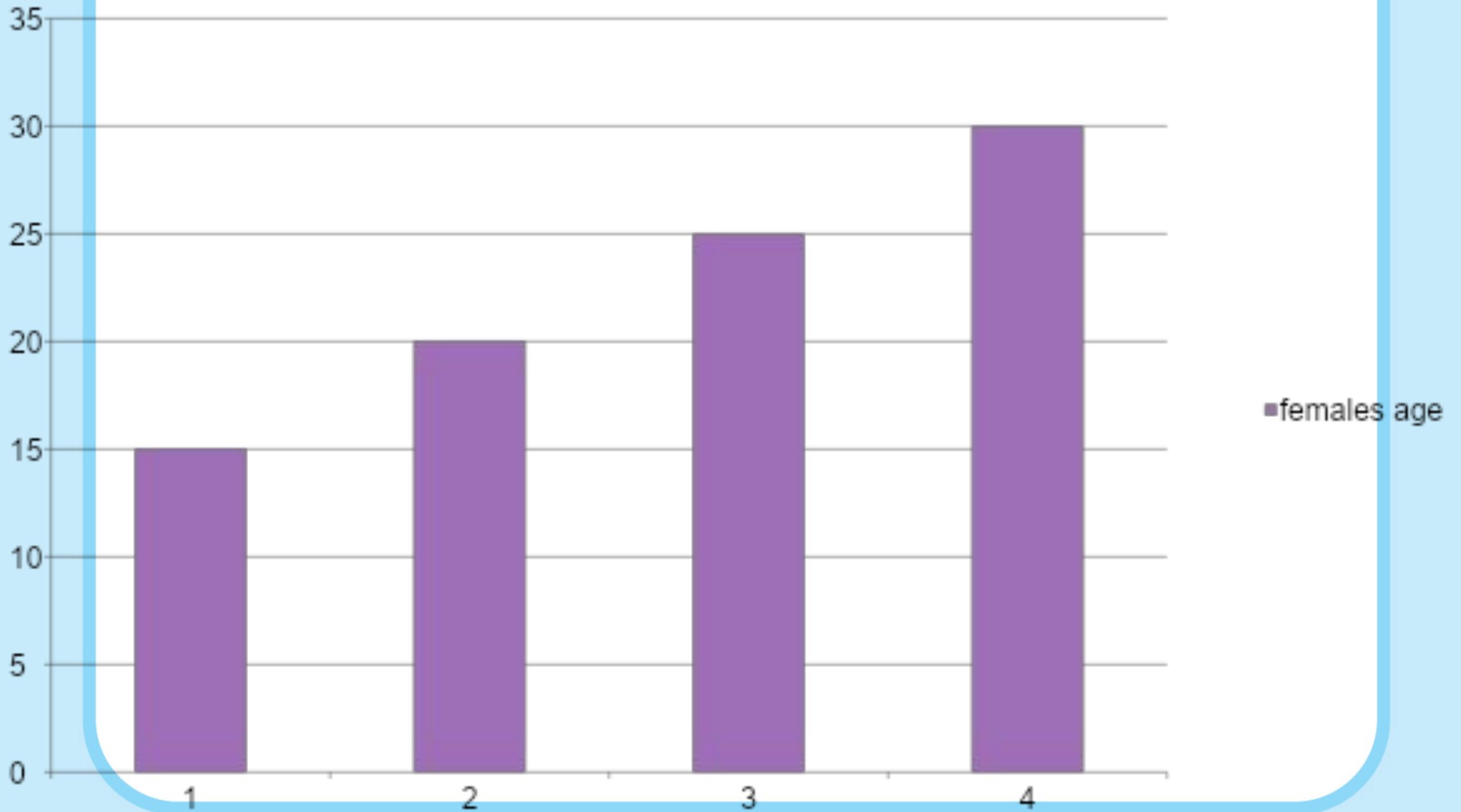
আপনি কি আপনার কাপড় স্যানিটাইজ করেন? YES ___ OR NO ___

11. Do you know that government gives free pad?

আপনি কি জানেন সরকার বিনামূল্যে প্যাড দেয়? YES ___ OR NO ___



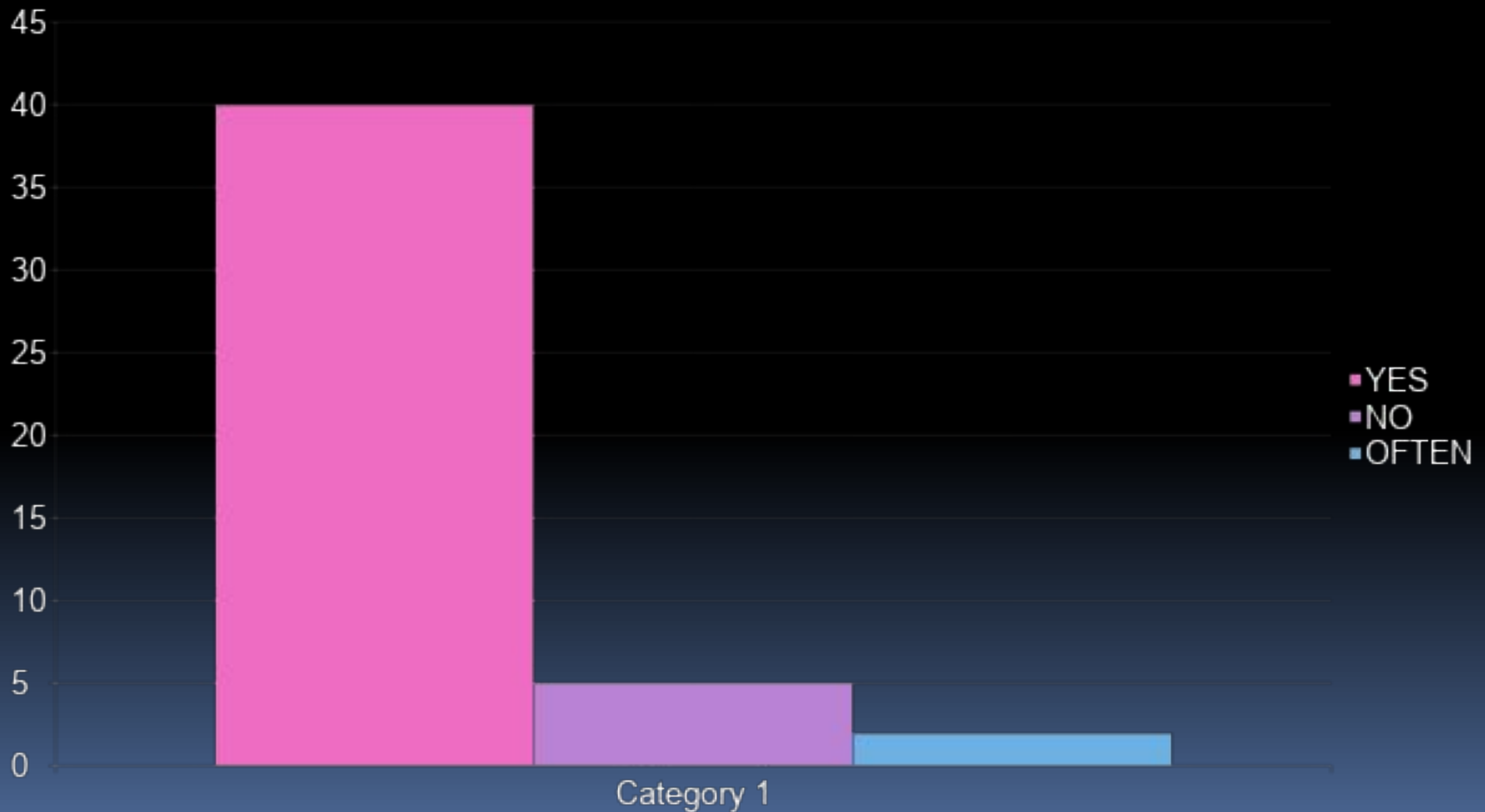
What are the female age



1. Do you Use Sanitary napkin during periods

আপনি কি মাসিকের সময় স্যানিটারি ন্যাপকিন
ব্যবহার করেন? Yes ___ OR NO ___

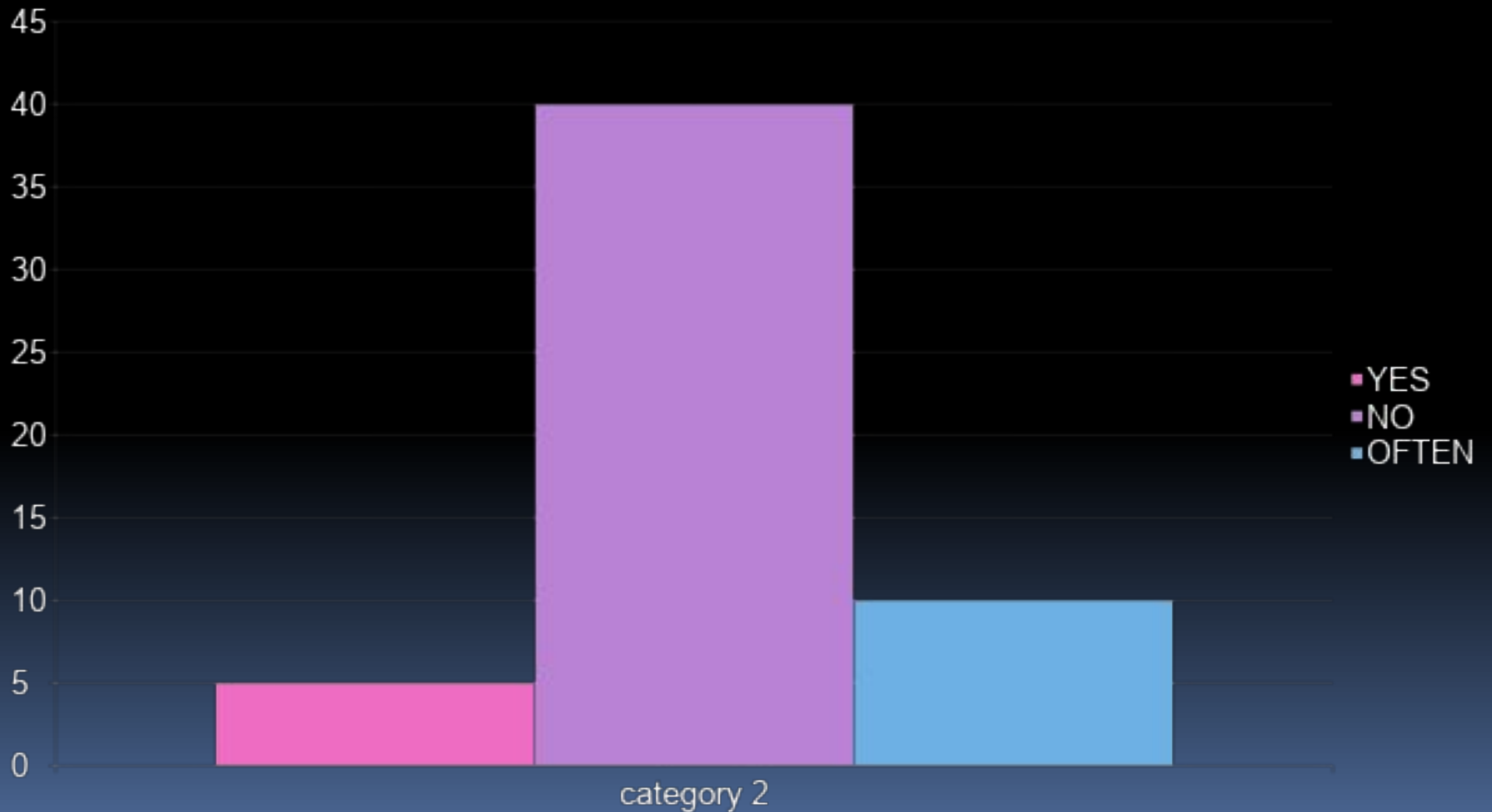
Maximum Number Of females Said Yes



2. Do you still use cloth for during periods?

আপনি কি এখনও মাসিকের সময় কাপড় ব্যবহার করেন? YES _____ OR NO _____

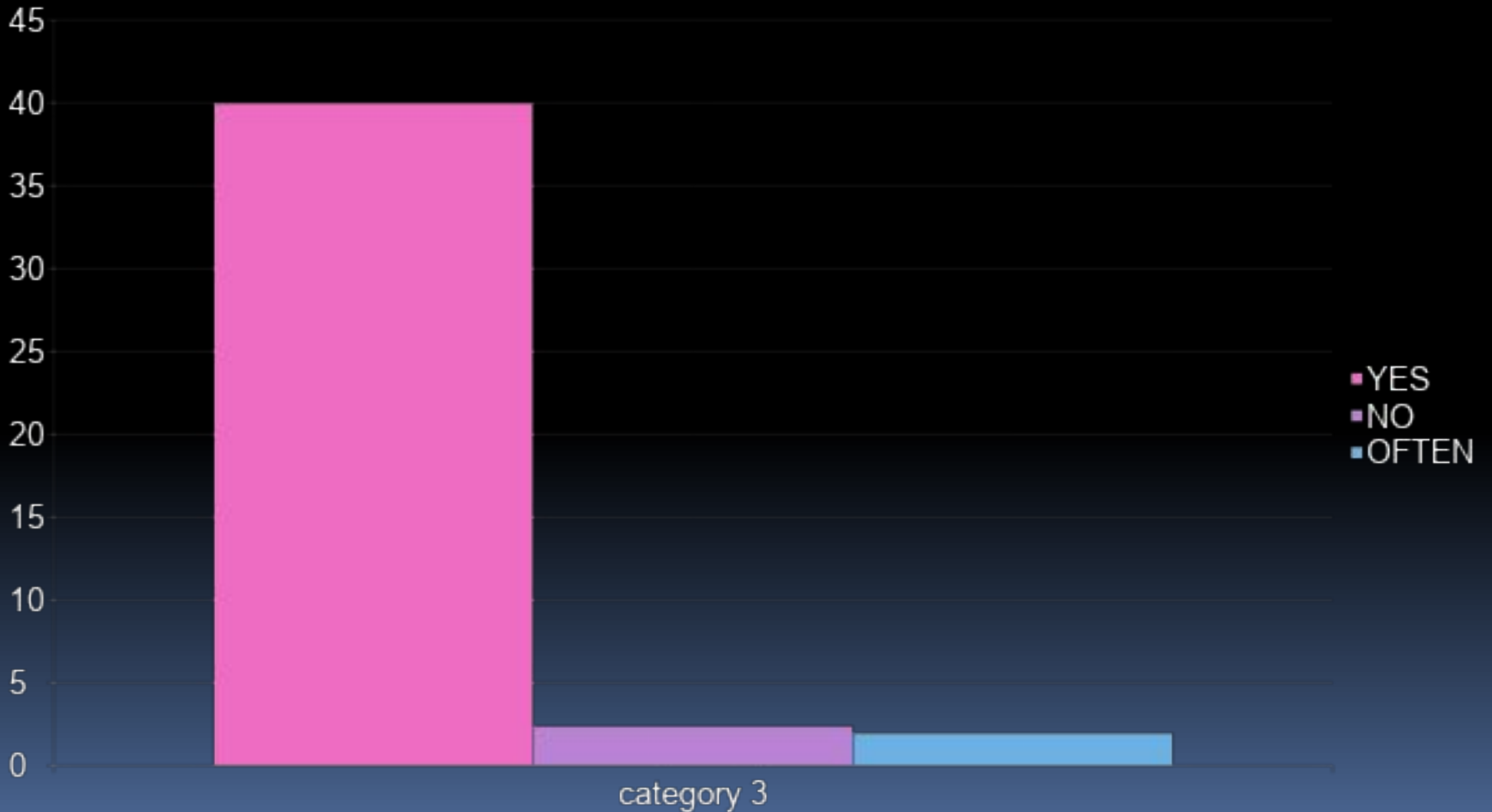
MAXIMUM OF THEM USE PAD



3. Do you know that using cloth is not safe?

আপনি কি জানেন যে কাপড় ব্যবহার করা নিরাপদ নয়? YES ___ OR ___

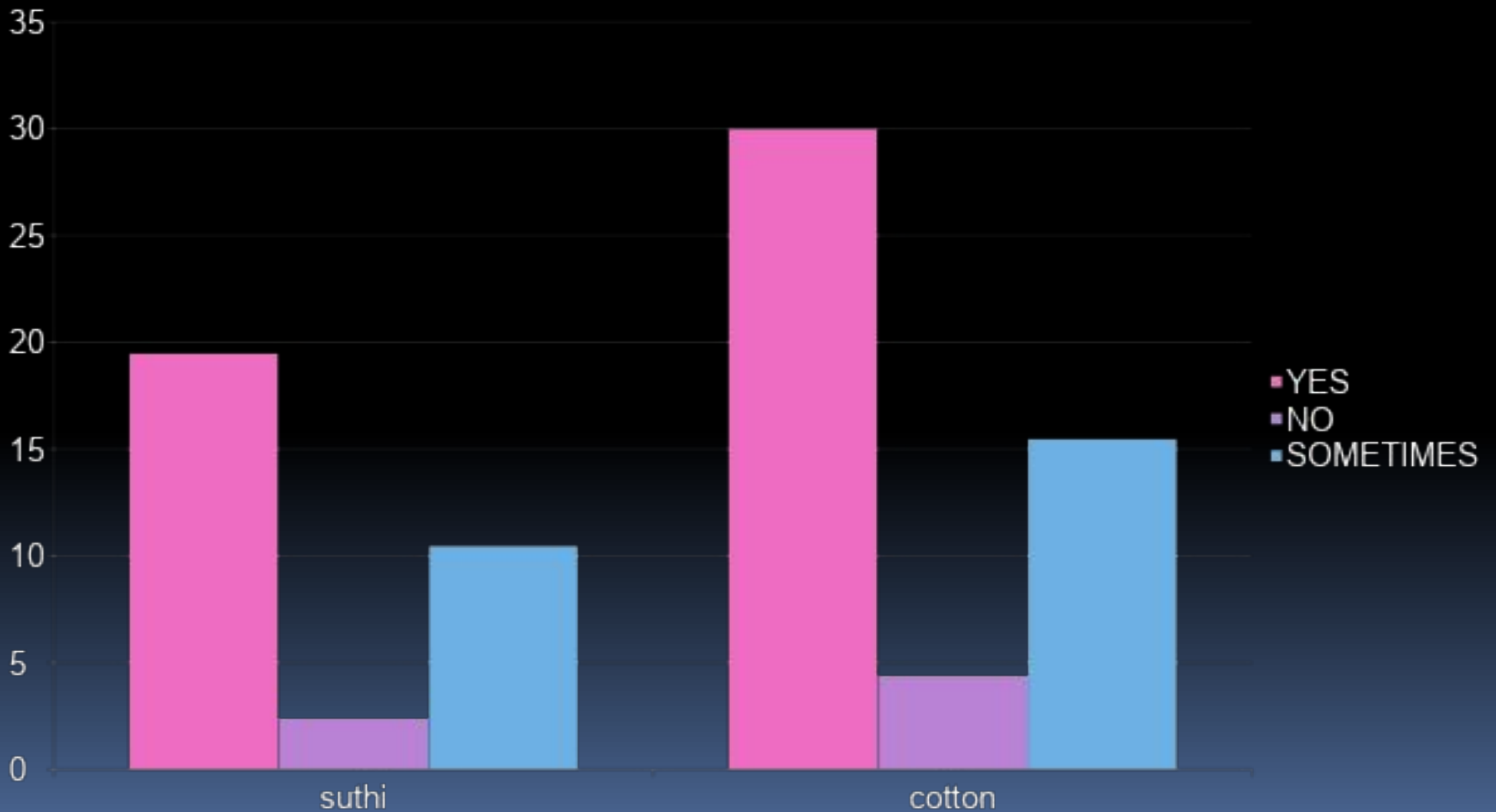
40.5% NUMBER FEMALES SAID YES, THEY KNOW THAT CLOTH IS NOT SAFE FOR PERIODS



4. Which kind of clothes do you use

আপনি কোন ধরনের কাপড় ব্যবহার করেন? YES _____ OR NO _____

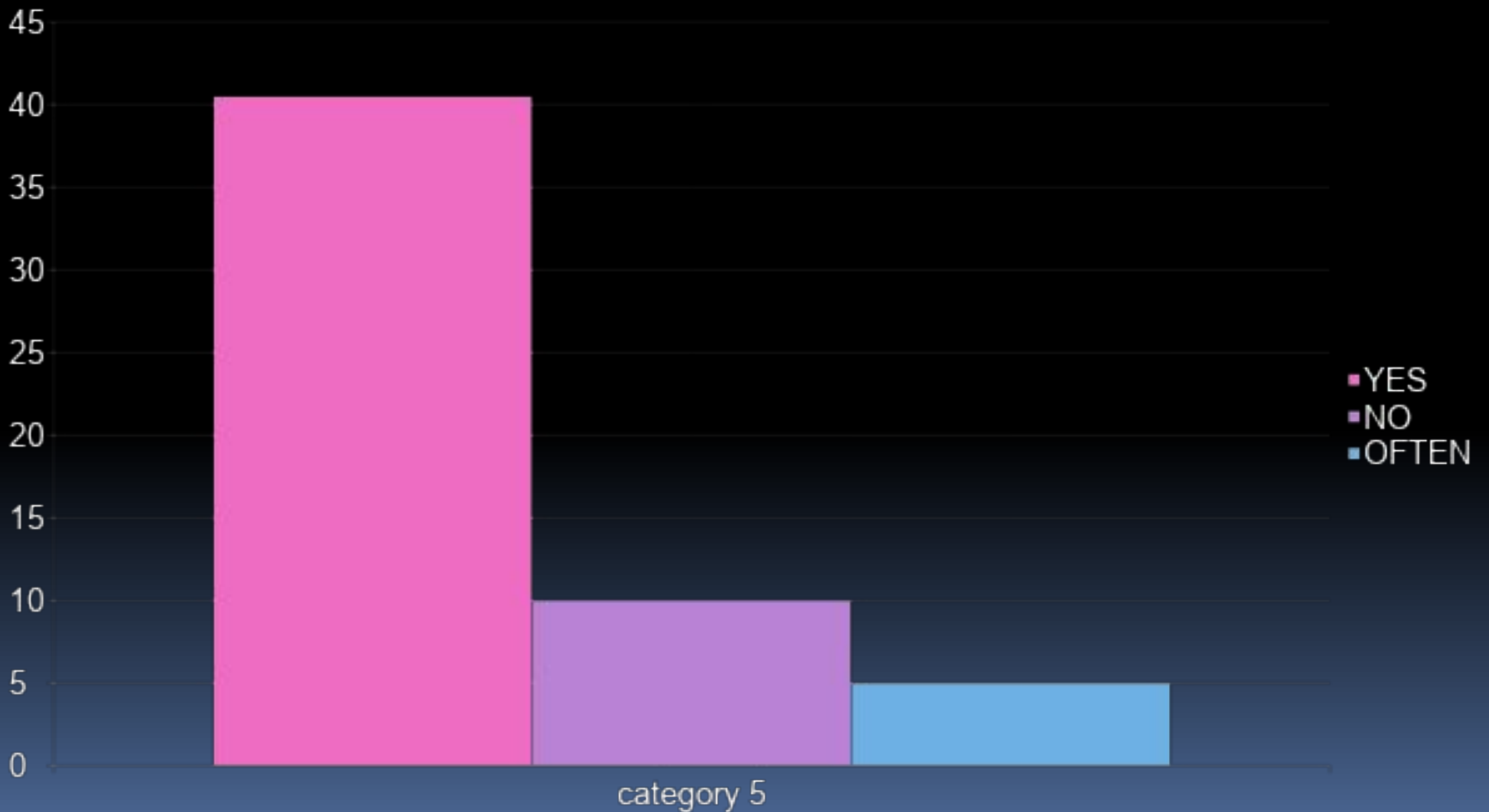
MAXIMUM NUMBER OF PEOPLE SAID THEY USE COTTON, AND MINIMUM OF PEOPLE SAID SUTHI,



5. Do you change clothes

তুমি জামাকাপড় পাল্টাও? YES ___ OR NO ___

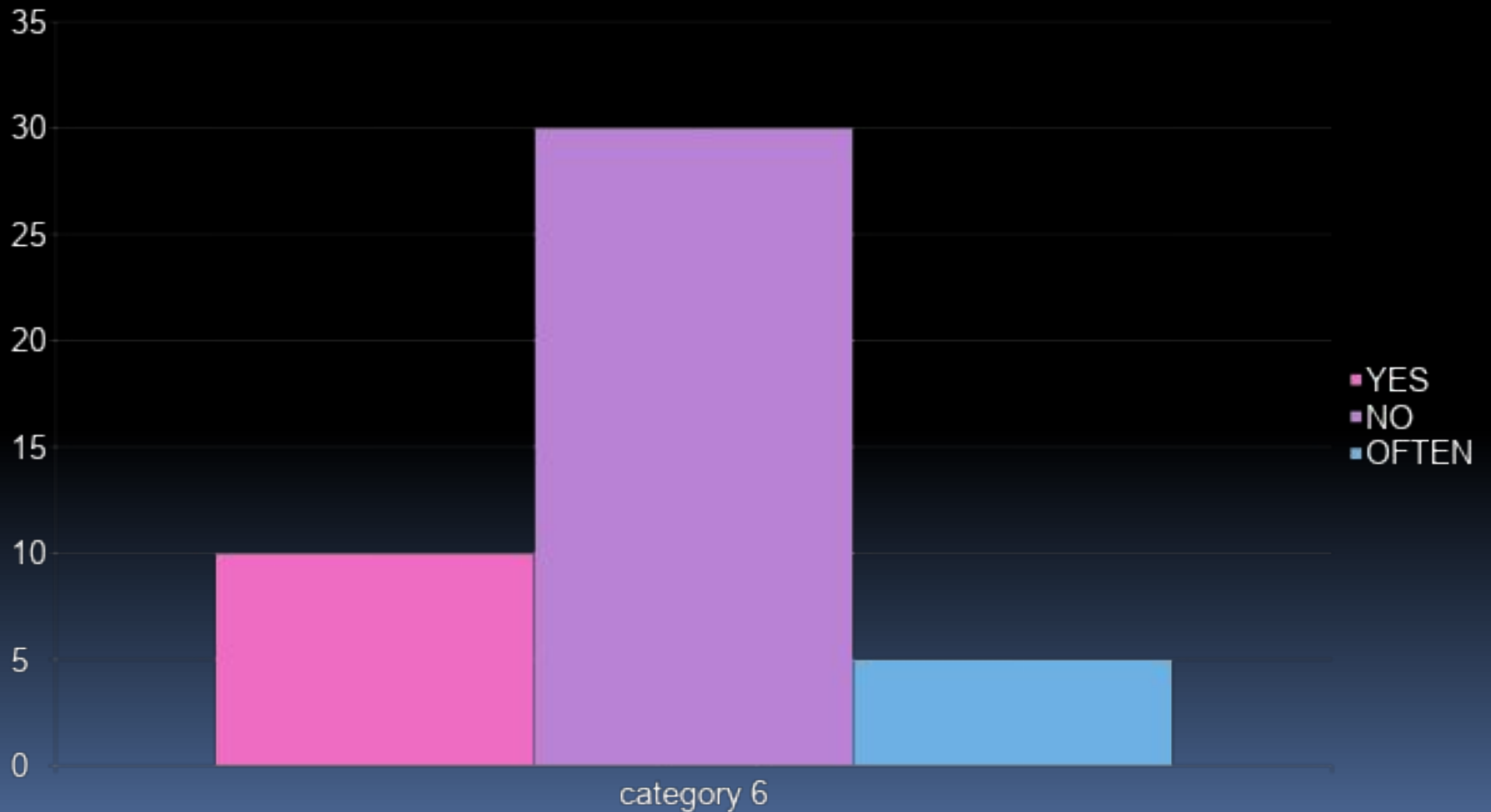
40.5% OF FEMALES SAID THEY CHANGE CLOTH DURING PERIODS



6. Do you Feel comfortable to use cloth?

আপনি কি কাপড় ব্যবহার করতে স্বাচ্ছন্দ্য বোধ করেন? YES ___ OR NO ___

10% OF FEMALES SAID YES AND 30.5% OF FEMALES SAID NO

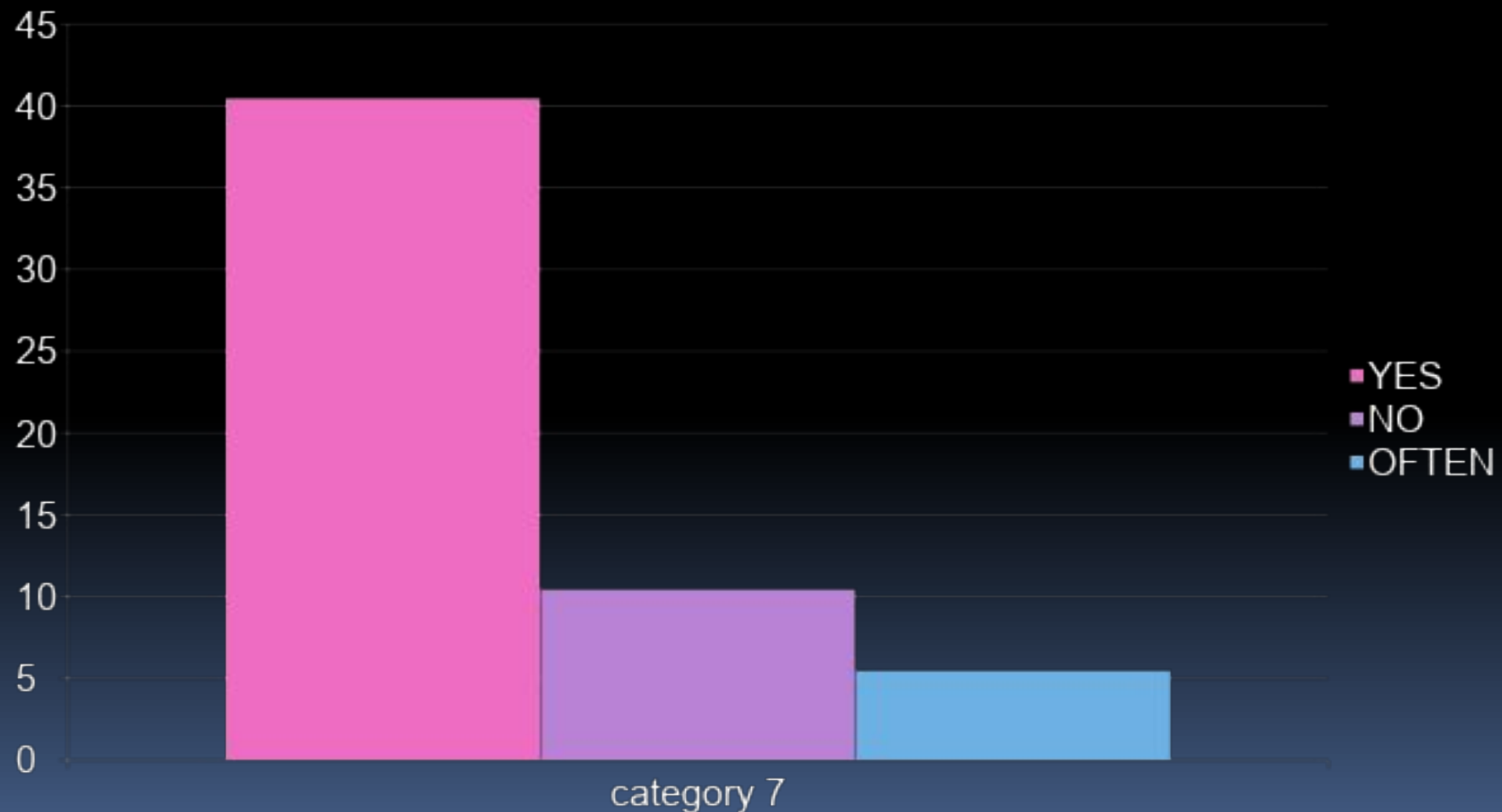


7. Do you know what is Sanitary pad?

And its uses

আপনি কি জানেন স্যানিটারি প্যাড কি? এবং এটা ব্যবহার করে? YES ___ OR NO ___

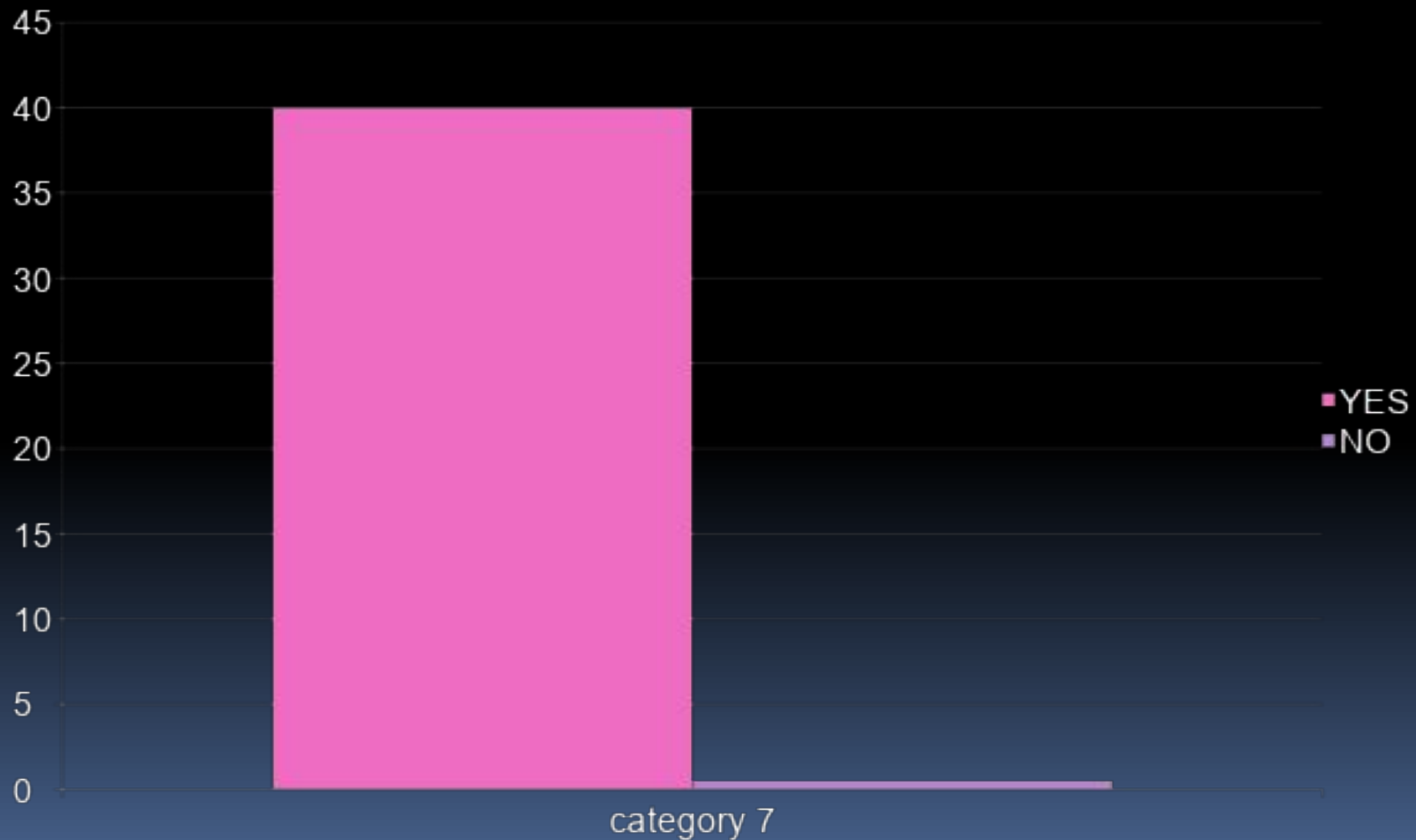
MAXIMUM OF FEMALES SAID THAT, THEY USE SANITARY PADS, AS ITS USEFULL THAN CLOTH BUT MINIMUM OF FEMALES SAID THAT THEY USE CLOTH INSTEAD OF PADS



8. Do you know that Sanitary napkins are Useful ?

আপনি কি জানেন যে স্যানিটারি ন্যাপকিন দরকারী ? YES ___ OR NO ___

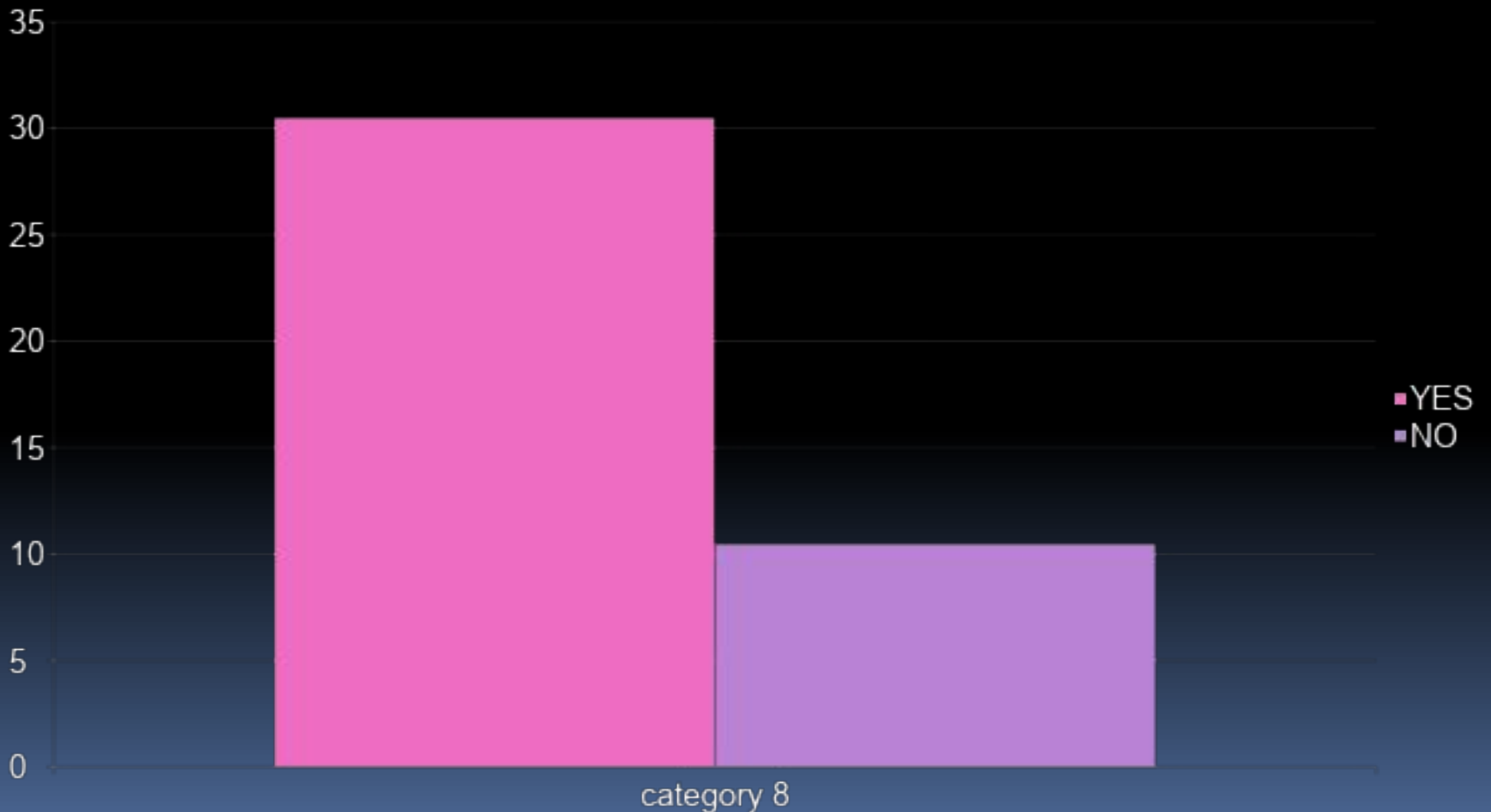
40.9% OF FEMALES BELIEVES THAT SANITARY NAPKINS ARE USEFUL THAN CLOTH



9. Do you know that cloth causes infection and diseases ?

আপনি কি জানেন যে কাপড়ের কারণ সংক্রমণ এবং রোগ? YES ___ OR NO ___

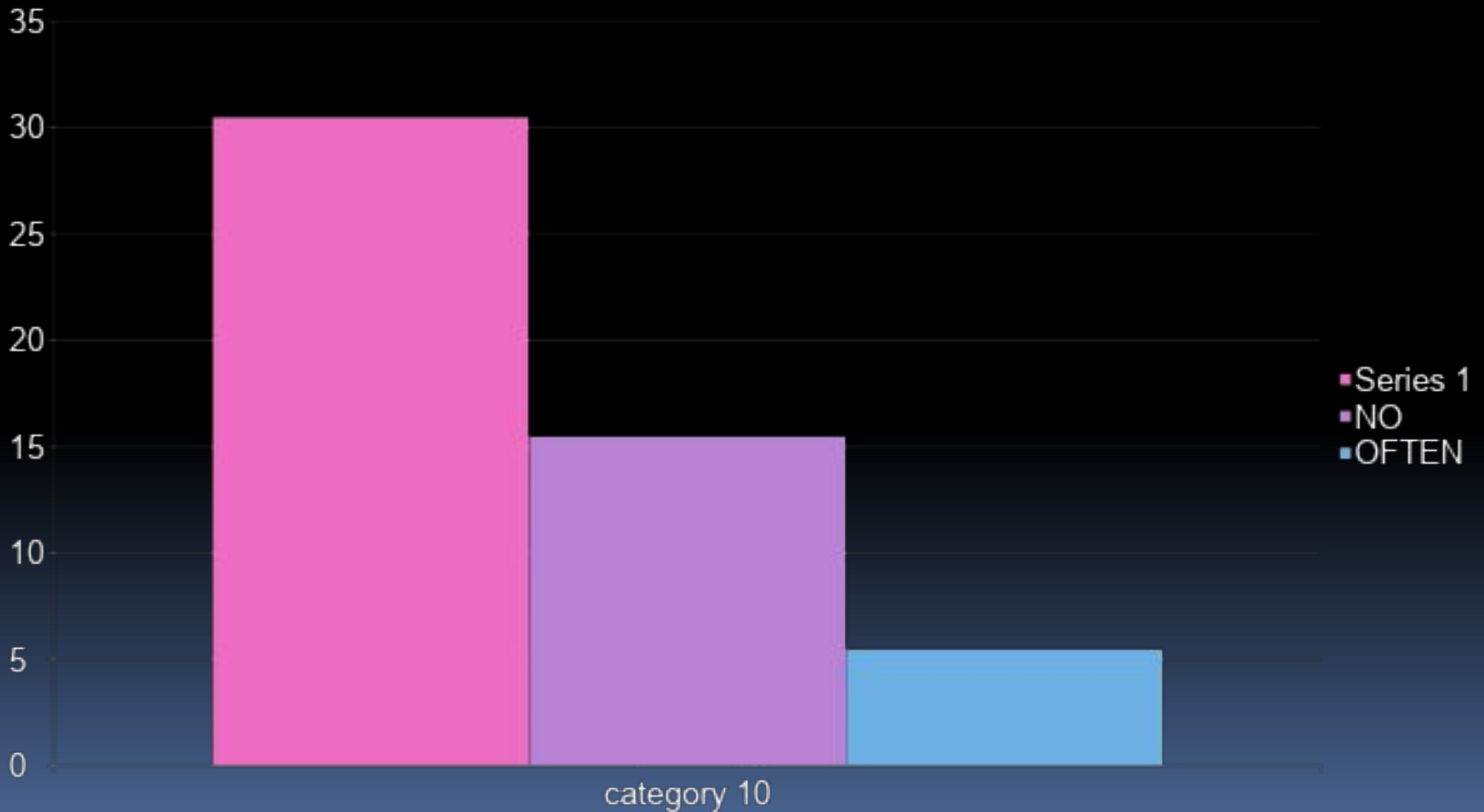
MAXIMUM OF FEMALES KNOWS THAT CLOTHS CAUSES INFECTION AND CAUSES DISEASES



10. Do you sanitize your cloth?

আপনি কি আপনার কাপড় স্যানিটাইজ করেন? YES ___ OR NO ___

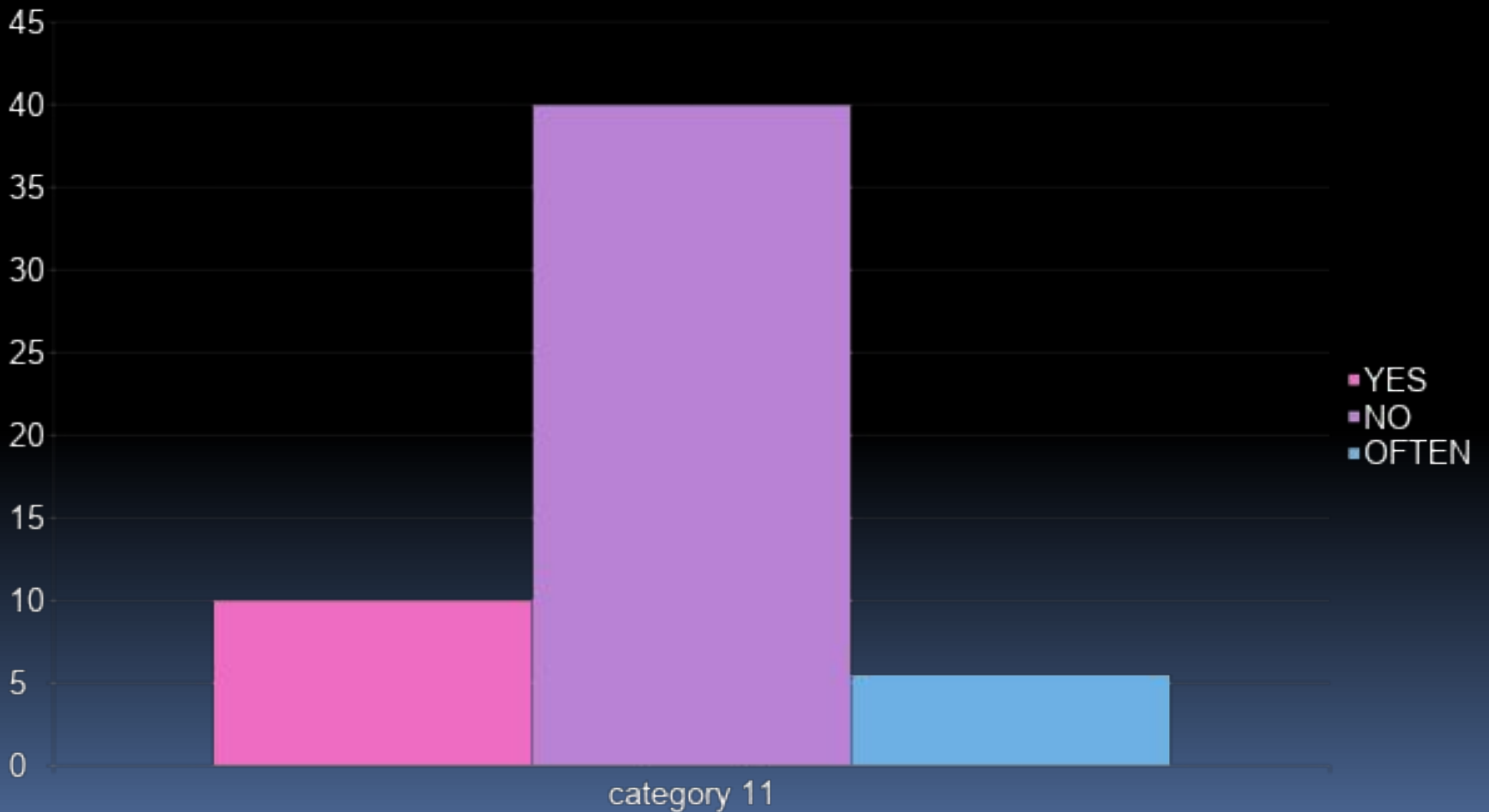
YES 30.5% FEMALES SANITIZE THERE CLOTH,



11. Do you know that government gives free pad?

আপনি কি জানেন সরকার বিনামূল্যে প্যাড দেয়? YES _____ OR NO _____

MAXIMUM OF FEMALES DIDN'T KNEW THAT GOVERNMENT PROVIDES FREE SANITARY NAPKINS



● RECOMMENDATION:

- i) to make them aware of different kind of sanitary napkins (large, extra large, more absorption) as these prevent from stains
- ii) to make them more aware regarding the fact that till some of them uses cloth sometime, therefore they should avoid cloth, instead of cloth they can use sanitary napkins
- iii) some of them were hesitant to talk regarding periods, therefore to make sure they are more comfortable next time. And to make them understand that this is not a taboo
- iv) as we notice there were of lack of knowledge among the people about the free pad distribution by the government so I would like to recommend that from next time one should make them aware of the fact that government provides free pads as because it usually for the females who has financial issues, so our group would recommend that to seek help from the government, and ensure the other females about the free distribution of pads

-group

Reshmi Banerjee

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